

HOW TO COMPLETE THE LUNCH FORM:

1. Fill out the student/contact information.
2. Choose a Meal Plan.
3. Please highlight or circle one of the 4 meal options.
4. Please return completed form by February 23rd with correct payment (Cheques payable to Mise en Place)

Any questions please contact Reno @ 926-4367 (Mon-Fri 8am-3pm)
or send an email to reno@catering.ky

(v) item that is or can be made vegetarian

MEAL PLANS AVAILABLE ARE

Flex Plan: CI\$ 5.25 per day
Complete Plan: CI\$ 104.50 for March (22 days) @
CI\$ 4.75 per day.



Cayman Prep School
Smith Road Campus

| | |
|--------------------------------|----|
| STUDENT'S NAME | |
| CLASS | |
| PARENT CONTACT INFO | |
| PARENT EMAIL | |
| CREDIT/DEBIT CARD ON FILE? YES | NO |
| PAYING OR PAID FOR TERM? YES | NO |

| Monday, March 2nd | Tuesday, March 3 | Wednesday, March 4 | Thursday, March 5 | Friday, March 6 | Week Total |
|--|--|---|---|---|------------|
| 1. BBQ Pork served with Rice & Beans and Broccoli | 1. Chicken and Vegetable stir-fry served with White Rice (v) | 1. Ginos Cheese Pizza with Carrots Sticks (v) | 1. Baked Chicken Breast with Mashed Potatoes and Broccoli | 1. Chicken Tenders served with Mash Potatoes and Mixed Veggies | |
| 2. Baked Chicken Drum Sticks Rice & Beans and Broccoli | 2. Cottage Pie served with Corn | 2. Grilled Chicken Pizza with Carrots Sticks | 2. Roast Beef served with Mashed Potatoes and Broccoli | 2. Fried Fish Fingers served with Mash Potatoes and Mixed Veggies | |
| 3. Vegetable Soup served with Soft Bun | 3. Ham & Cheese Sandwich with Carrot Stix | 3. Ginos Hawaiian Pizza with Carrots Sticks | 3. Home Made Chicken Noodle Soup served with Soft Bun | 3. Cobb Salad with Ranch Dressing on the side | |
| | 4. Tex Mex Taco Salad | 4. Chicken Caesar Salad (v) | 4. Chicken Caesar Salad (v) | 4. Turkey and Swiss Cheese Sandwich with Carrot Stix | |
| Today's Dessert: Jello | Today's Dessert: Cookies | Today's dessert: Watermelon Wedges | Today's dessert: Cookies | Today's dessert: Fruit Cup | |

| Monday, March 9 | Tuesday, March 10 | Wednesday, March 11 | Thursday, March 12 | Friday, March 13 | Week Total |
|---|--|--|--|---|------------|
| 1. Home Made Lasagna served with side of Corn | 1. Home Made Beef Stew served with Soft Bun | 1. Boneless BBQ Chicken and Veg Stew with White Rice | 1. Baked Chicken Burger with Potato Wedges and Veg | 1. Roast Turkey with Mashed Potatoes and Mixed Veggies | |
| 2. Baked Potato filled with Cheese and Vegetarian Baked Beans (v) | 2. Home Made Chicken Curry with White Rice and Mixed Veggies | 2. Beef Chili served with Vegetables and White Rice | 2. Spaghetti served with Tomato Sauce and Veg (v) | 2. Baked Mahi Mahi with Mashed Potatoes and Mixed Veggies | |
| 3. Beef and Vegetable Soup served with Soft Bun | 3. Chicken Caesar Salad (v) | 3. Chicken and Vegetable Noodle Soup with Breadstick | 3. Ham and Cheese Sandwich with Carrot Stix | 3. Shrimp Fajita Salad with Ranch Dressing on the side | |
| 4. Turkey Club Sandwich | | 4. Tuna Salad Sandwich served with Carrot Stix | 4. Cobb Salad with Ranch Dressing on the side | 4. Turkey and Swiss Cheese Sandwich with Carrot Stix | |
| Today's Dessert: Jello | Today's Dessert: Cookies | Today's dessert: Watermelon Wedges | Today's dessert: Cookies | Today's dessert: Fruit Cup | |

| Monday, March 16 | Tuesday, March 17 | Wednesday, March 18 | Thursday, March 19 | Friday, March 20 | Week Total |
|--|--|---|---|---|------------|
| 1. BBQ Pork served with Rice & Beans and Broccoli | 1. Chicken and Vegetable stir-fry served with White Rice (v) | 1. Ginos Cheese Pizza with Carrots Sticks (v) | 1. Baked Chicken Breast with Mashed Potatoes and Broccoli | 1. Chicken Tenders served with Mash Potatoes and Mixed Veggies | |
| 2. Baked Chicken Drum Sticks Rice & Beans and Broccoli | 2. Cottage Pie served with Corn | 2. Grilled Chicken Pizza with Carrots Sticks | 2. Roast Beef served with Mashed Potatoes and Broccoli | 2. Fried Fish Fingers served with Mash Potatoes and Mixed Veggies | |
| 3. Vegetable Soup served with Soft Bun | 3. Ham & Cheese Sandwich with Carrot Stix | 3. Ginos Hawaiian Pizza with Carrots Sticks | 3. Home Made Chicken Noodle Soup served with Soft Bun | 3. Cobb Salad with Ranch Dressing on the side | |
| | 4. Tex Mex Taco Salad | 4. Chicken Caesar Salad (v) | 4. Chicken Caesar Salad (v) | 4. Turkey and Swiss Cheese Sandwich with Carrot Stix | |
| Today's Dessert: Jello | Today's Dessert: Cookies | Today's dessert: Watermelon Wedges | Today's dessert: Cookies | Today's dessert: Fruit Cup | |

| Monday, March 23 | Tuesday, March 24 | Wednesday, March 25 | Thursday, March 26 | Friday, March 27 | Week Total |
|---|--|--|--|---|------------|
| 1. Home Made Lasagna served with side of Corn | 1. Home Made Beef Stew served with Soft Bun | 1. Boneless BBQ Chicken and Veg Stew with White Rice | 1. Baked Chicken Burger with Potato Wedges and Veg | 1. Roast Turkey with Mashed Potatoes and Mixed Veggies | |
| 2. Baked Potato filled with Cheese and Vegetarian Baked Beans (v) | 2. Home Made Chicken Curry with White Rice and Mixed Veggies | 2. Beef Chili served with Vegetables and White Rice | 2. Spaghetti served with Tomato Sauce and Veg (v) | 2. Baked Mahi Mahi with Mashed Potatoes and Mixed Veggies | |
| 3. Beef and Vegetable Soup served with Soft Bun | 3. Chicken Caesar Salad (v) | 3. Chicken and Vegetable Noodle Soup with Breadstick | 3. Ham and Cheese Sandwich with Carrot Stix | 3. Shrimp Fajita Salad with Ranch Dressing on the side | |
| 4. Turkey Club Sandwich | | 4. Tuna Salad Sandwich served with Carrot Stix | 4. Cobb Salad with Ranch Dressing on the side | 4. Turkey and Swiss Cheese Sandwich with Carrot Stix | |
| Today's Dessert: Jello | Today's Dessert: Cookies | Today's dessert: Watermelon Wedges | Today's dessert: Cookies | Today's dessert: Fruit Cup | |

| Monday, March 30 | Tuesday, March 31 | | | | Week Total |
|--|--|--|--|--|------------|
| 1. BBQ Pork served with Rice & Beans and Broccoli | 1. Chicken and Vegetable stir-fry served with White Rice (v) | | | | |
| 2. Baked Chicken Drum Sticks Rice & Beans and Broccoli | 2. Cottage Pie served with Corn | | | | |
| 3. Vegetable Soup served with Soft Bun | 3. Ham & Cheese Sandwich with Carrot Stix | | | | |
| | 4. Tex Mex Taco Salad | | | | |
| Today's Dessert: Jello | Today's Dessert: Cookies | | | | |