



Instructions: 1. Highlight or circle one Main item per day that you wish to order
 2. Meal Plans available for grade **Kindergarten young - 3** are **Flex Plan:** \$ 4.00 per day,
Complete: \$ 67.50 for October month @ \$3.75 per day. Meal Plans available for grade **4-11** are

3. Return completed form by October 23rd with your child's name and correct payment (**cheques payable to Ginos Pizzeria**)
 Credit card payments accepted. Please call 9267666 for details.

Flex Plan: \$ 5.00 per day, **Complete:** \$ 85.50 for October month @ \$4.75 per day

Monday		Tuesday		Wednesday		Thursday		Friday	
29-Sep		30-Sep		1-Oct		2-Oct		3-Oct	
Main 1		Main 1		Main 1	Gino's Cheese Pizza	Main 1	Spaghetti and Meatballs	Main 1	Chicken Tenders served with
					with Carrot sticks		served with vegetables		Potato Tots and Peas
Main 2		Main 2		Main 2	Gino's Pepperoni Pizza	Main 2	Boneless Chicken & Veg Curry	Main 2	Fish Sticks served Potato Tots
					with Carrot sticks		with rice		and Peas
Main 3		Main 3		Main 3	Chicken Caesar Salad	Main 3	Ham mad Cheese Sandwich	Main 3	Chicken Cobb Salad
							served with Potato chips		with Ranch dressing
Dessert		Dessert		Dessert	Popsicle	Dessert	Cookie	Dessert	Chef's selection
6-Oct		7-Oct		8-Oct		9-Oct		10-Oct	
Main 1	Steam Snapper, Veggies	Main 1	Cheese Ravioli, Marinara	Main 1	Gino's Cheese Pizza	Main 1	Chicken & Veggie Quesadilla	Main 1	Chicken Tenders served with
	mashed Potatoes		sauce and Sweetcorn		with Carrot sticks				Potato Tots and Peas
Main 2	Grilled Beef Burger	Main 2	BBQ Chicken, Mashed Potatoes	Main 2	Gino's Pepperoni Pizza	Main 2	Hot Dog served with Fries	Main 2	Beef Chili served with Rice
	with Fries		and vegetables		with Carrot sticks		and Ketchup		
Main 3	Chicken Sandwich	Main 3	Grilled Cheese sandwich and	Main 3	Chicken Caesar Salad	Main 3	Turkey, Ham and Cheese Wrap	Main 3	Tuna Sandwich served with
	with Potato Chips		chicken soup				with Potato Chips		Potato Chips
Dessert	Brownie	Dessert	Jello	Dessert	Fresh Fruit	Dessert	Popsicle	Dessert	Chef's selection
13-Oct		14-Oct		15-Oct		16-Oct		17-Oct	
Main 1	Meat Lasagna	Main 1	Spaghetti Bolognese	Main 1	Gino's Cheese Pizza	Main 1	Spaghetti and Meatballs	Main 1	Chicken Tenders served with
	served with Sweetcorn		served with Veggie		with Carrot sticks		served with vegetables		Potato Tots and Peas
Main 2	Baked Potato, Cheese	Main 2	Grilled Chicken Burger	Main 2	Gino's Pepperoni Pizza	Main 2	Boneless Chicken & Veg Curry	Main 2	Fish Sticks served Potato Tots
	served baked beans		and fries		with Carrot sticks		with rice		and Peas
Main 3	Grilled Ham and Cheese	Main 3	Turkey Sandwich served	Main 3	Chicken Caesar Salad	Main 3	Ham mad Cheese Sandwich	Main 3	Chicken Cobb Salad
	Sandwich with Potato Chips		with Potato Chips				served with Potato chips		with ranch dressing
Dessert	Brownie	Dessert	Fresh Fruit	Dessert	Popsicle	Dessert	Cookie	Dessert	Chef's selection
20-Oct		21-Oct		22-Oct		23-Oct		24-Oct	
Main 1	Steam Snapper, Veggies	Main 1	Cheese Ravioli, Marinara	Main 1	Gino's Cheese Pizza	Main 1	Chicken & Veggie Quesadilla	Main 1	Chicken Tenders served with
	mashed Potatoes		sauce and Sweetcorn		with Carrot sticks				Potato Tots and Peas
Main 2	Grilled Beef Burger	Main 2	BBQ Chicken, Mashed Potatoes	Main 2	Gino's Pepperoni Pizza	Main 2	Hot Dog served with Fries	Main 2	Beef Chili served with Rice
	with fries		and vegetables		with Carrot sticks		and Ketchup		
Main 3	Chicken Sandwich	Main 3	Grilled Cheese sandwich and	Main 3	Chicken Caesar Salad	Main 3	Turkey, Ham and Cheese Wrap	Main 3	Tuna Sandwich served with
	with Potato Chips		chicken soup				with Potato Chips		Potato Chips
Dessert	Brownie	Dessert	Jello	Dessert	Fresh Fruit	Dessert	Popsicle	Dessert	Chef's selection
27-Oct		28-Oct		29-Oct		30-Oct		31-Oct	
Main 1		Main 1		Main 1		Main 1		Main 1	
	Mid Term		Mid Term		Mid Term		Mid Term		Mid Term
Main 2	Break	Main 2	Break	Main 2	Break	Main 2	Break	Main 2	Break
Main 3		Main 3		Main 3		Main 3		Main 3	
Dessert		Dessert		Dessert		Dessert		Dessert	

Child's Name
Class
Parents name and number
Do you have a credit card on file?
Have you paid for term?